

HERE FOR THE WOOF!

# BARK AT THE PARK

presented by *TELUS*

THUR JULY 24

7:00PM

SWANGARD STADIUM



VS





**DATE: JULY 22ND, 2025**

## **VANCOUVER RISE FC SIGN JAPANESE DEFENDER YUKA OKAMOTO**

**VANCOUVER, BC** – Vancouver Rise FC announced on Tuesday that the club has signed Japanese defender Yuka Okamoto.

"We're thrilled to welcome Yuka, she proved herself as a top defender in Japan," said Rise FC President Sinead King. "She is a tactically intelligent player who brings a wealth of experience and stability to our backline."

Okamoto, 27, has made over 100 appearances throughout her career in Japan, establishing herself as a top defender before joining Rise FC.

The defender most recently played for AC Nagano Parceiro Ladies in Japan's Women's Empowerment Professional Football League (WE League), making 80 league appearances and scoring one goal in Japan's top-flight. She was part of the AC Nagano team that became a founding member of the WE League during its transition to a fully professional league in 2020.

"I'm so excited to get started with the team," said Okamoto on her signing.

"I'm just full of energy and ready to start playing!"

Okamoto appeared in nearly every match for AC Nagano, recording a perfect appearance record in three out of their four seasons (2022/23, 2023/24, 2024/25). She scored her first goal for the club on September 21st, 2024 in a league match against JEF Chiba Ladies.

"We are looking very much forward to having Yuka available for games," said Rise FC Head Coach Anja-Heiner Møller. "Yuka is a player with a high technical level and an offensive mindset, which fits very well into our style of play."

Before making her professional debut with AC Nagano, Okamoto played for Nippon Sport Science University FIELDS Yokohama in the WE League's preceding amateur league Nadeshiko Division 1, where she played for four years.

The Tokyo native played her youth soccer for Shutoku Junior and Senior High School in Katsushika Ward, Tokyo, Japan.

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## BARK AT THE PARK MATCH

Presented By  TELUS

**THURS JULY 24 | 7:00PM**  
**VS AFC TORONTO**

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## PRIDE MATCH

**SAT AUG 2 | 4:00PM**  
**VS OTTAWA RAPID FC**

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## FAN APPRECIATION MATCH

Presented By  Explore  
Burnaby

**SAT SEPT 20 | 1:00PM**  
**VS OTTAWA RAPID FC**

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# MATCH DAY THEMES



## WELCOME TO THE NORTHERN SUPER LEAGUE

A new era of Canadian soccer is here. The Northern Super League is Canada's brand-new professional women's league, featuring six fierce clubs representing key markets across the country. Built by players, for players, and backed by passionate supporters of the beautiful game, the NSL is more than a league, it's a movement. With global best practices and a bold commitment to excellence, equity, and inclusion, the NSL is raising the bar for what women's sport can be in Canada.



# YOUR VANCOUVER RISE FC

2025 ROSTER



**KIRSTIN TYNAN**

**POSITION: GOALKEEPER**

**NATIONALITY: CANADA**

**DOB: MARCH 11, 2002**

**SHANNON WOELLER**

**CAPTAIN**

**POSITION: DEFENDER**

**NATIONALITY: CANADA**

**DOB: JANUARY 31, 1990**

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## **JASMYNE SPENCER**

**POSITION: DEFENDER**

**NATIONALITY: USA**

**DOB: AUGUST 27, 1990**

## **KAYLA GONCALVES**

**POSITION: DEFENDER**

**NATIONALITY: CAN (PORTUGAL)**

**DOB: APRIL 14, 2000**



## **QUINN**

**POSITION: MIDFIELDER**

**NATIONALITY: CANADA**

**DOB: AUGUST 11, 1995**



## **SOFIA HAGMAN**

**POSITION: MIDFIELDER**

**NATIONALITY: SWEDEN**

**DOB: MARCH 21, 1997**

## **NIKKI STANTON**

**POSITION: MIDFIELDER**

**NATIONALITY: USA**

**DOB: OCTOBER 26, 1990**



## **SAMANTHA CHANG**

**POSITION: MIDFIELDER**

**NATIONALITY: CANADA**

**DOB: JULY 13, 2000**



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## **MARIAH LEE**

**POSITION: FORWARD**

**NATIONALITY: USA**

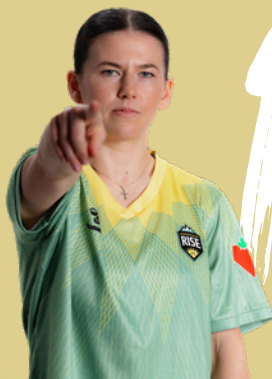
**DOB: JUNE 30, 1996**

## **LISA PECHERSKY**

**POSITION: FORWARD**

**NATIONALITY: CANADA**

**DOB: JUNE 29, 1998**



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## **JESSICA DE FILIPPO**

**POSITION: FORWARD**

**NATIONALITY: CANADA**

**DOB: APRIL 20, 2001**





## **JAYLYN WRIGHT**

**POSITION: DEFENDER**

**NATIONALITY: CANADA**

**DOB: AUGUST 1, 2003**

## **MORGAN MCASLAN**

**POSITION: GOALKEEPER**

**NATIONALITY: CANADA**

**DOB: FEBRUARY 22, 2000**



## **ARIEL YOUNG**

**POSITION: DEFENDER**

**NATIONALITY: CANADA**

**DOB: AUGUST 30, 2001**





## **KENNEDY FAULKNOR**

**POSITION: DEFENDER**

**NATIONALITY: CANADA**

**DOB: JUNE 30, 1999**

## **SARA LILJA**

**POSITION: FORWARD**

**NATIONALITY: SWEDEN**

**DOB: SEPTEMBER 12, 2001**



## **YUKA OKAMOTO**

**POSITION: DEFENDER**

**NATIONALITY: JAPAN**

**DOB: SEPTEMBER 20, 1997**



## **HOLLY WARD**

**POSITION: FORWARD**

**NATIONALITY: CANADA**

**DOB: OCTOBER 25, 2003**

## **JESSIKA COWART**

**POSITION: DEFENDER**

**NATIONALITY: USA (PHILIPPINES)**

**DOB: OCTOBER 30, 1999**



## **JOSIE LONGHURST**

**POSITION: MIDFIELDER**

**NATIONALITY: WELSH**

**DOB: FEBRUARY 24, 2002**





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## **NEDYA SAWAN**

**POSITION: FORWARD**

**NATIONALITY: CANADA (USA, EGYPT)**

**DOB: APRIL 22, 2002**

## **ANAIS OULARBI**

**POSITION: MIDFIELDER**

**NATIONALITY: CANADA (ALGERIAN)**

**DOB: MARCH 24, 2003**



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## **JESSICA WULF**

**POSITION: GOALKEEPER**

**NATIONALITY: CANADA (JAPAN)**

**DOB: MAY 20, 2005**



STRONGER  
BY NATURE

