NORTHERN SUPER LEAGUE

2026 SEASON

SCHEDULE

OPENING WEEKEND

APRIL 24-25

HOME		AWAY
VANCOUVER RISE FC	FRI 24	TORONTO FC
HALIFAX TIDES FC	SAT 25	OTTAWA RAPID FC
CALGARY FC	SAT 25	ROSES MTL FC

MAY

Ottawa Rapid FC	SAT 02	Calgary FC	Halifax Tides FC	MON 18	Vancouver Rise FC
Roses FC	SAT 02	Vancouver Rise FC	Vancouver Rise FC	SAT 23	Toronto FC
Toronto FC	SUN 03	Halifax Tides FC	Ottawa Rapid FC	SAT 23	Roses FC
Ottawa Rapid FC	WED 06	Vancouver Rise FC	Calgary FC	SUN 24	Halifax Tides FC
Toronto FC	SUN 10	Roses FC	Halifax Tides FC	FRI 29	Ottawa Rapid FC
Ottawa Rapid FC	WED 13	Halifax Tides FC	Roses FC	SAT 30	Vancouver Rise FC
Calgary FC	SAT 16	Roses FC	Calgary FC	SUN 31	Toronto FC

JUNE

HALIFAX TIDES	SAT 13	CALGARY FC	ROSES	SUN 21	CALGARY FC
TORONTO	SAT 13	ROSES	ROSES	THURS 25	OTTAWA RAPID FC
VANCOUVER RISE FC	SUN 14	OTTAWA RAPID FC	CALGARY FC	SAT 27	HALIFAX TIDES
HALIFAX TIDES	THURS 18	VANCOUVER RISE FC	VANCOUVER RISE FC	SUN 28	TORONTO
OTTAWA RAPID FC	SUN 21	TORONTO			

JULY

ROSES	SAT 04	VANCOUVER RISE FC	
CALGARY FC	FRI 17	ROSES	
OTTAWA RAPID FC	SUN 05	CALGARY FC	
TORONTO	SAT 18	VANCOUVER RISE FC	
HALIFAX TIDES FC	SUN 05	TORONTO	
CALGARY FC	WED 22	OTTAWA RAPID FC	
CALGARY FC	SAT 11	VANCOUVER RISE FC	
ROSES	THURS 23	TORONTO	
TORONTO	SAT 11	OTTAWA RAPID FC	
VANCOUVER RISE FC	SAT 25	HALIFAX TIDES FC	
ROSES	SUN 12	HALIFAX TIDES FC	
TORONTO	TUES 28	CALGARY FC	
OTTAWA RAPID FC	THURS 16	HALIFAX TIDES FC	
VANCOUVER RISE FC	WED 29	ROSES	

AUG

CALGARY	SAT 01	TORONTO	TORONTO	SUN 16	ROSES
HALIFAX TIDES	MON 03	OTTAWA RAPID	OTTAWA RAPID	SAT 22	VANCOUVER RISE
ROSES	FRI 07	HALIFAX TIDES	HALIFAX TIDES	SUN 23	TORONTO
VANCOUVER RISE	SAT 08	CALGARY	ROSES	SUN 23	CALGARY
OTTAWA RAPID	SUN 09	TORONTO	ROSES	SAT 29	HALIFAX TIDES
VANCOUVER RISE	SAT 15	HALIFAX TIDES	VANCOUVER RISE	SAT 29	CALGARY
CALGARY	SAT 15	OTTAWA RAPID	TORONTO	SUN 30	OTTAWA RAPID

SEPT

VANCOUVER RISE FC	SAT 05	HALIFAX TIDES FC	HALIFAX TIDES FC	SAT 19	TORONTO
OTTAWA RAPID FC	SUN 06	ROSES MTL FC	VANCOUVER RISE FC	SAT 19	ROSES MTL FC
TORONTO	SUN 06	CALGARY FC	OTTAWA RAPID FC	SUN 20	CALGARY FC
ROSES MTL FC	THURS 10	TORONTO	TORONTO	SAT 26	OTTAWA RAPID FC
CALGARY FC	SAT 12	HALIFAX TIDES FC	HALIFAX TIDES FC	SUN 27	ROSES MTL FC
VANCOUVER RISE FC	SUN 13	OTTAWA RAPID FC	CALGARY FC	SUN 27	VANCOUVER RISE FC

ROSES FRI 02 OTTAWA RAPID FC

OTTAWA RAPID FC SUN 18 VANCOUVER RISE FC

HALIFAX TIDES SAT 03 CALGARY FC

ROSES FRI 23 OTTAWA RAPID FC

TORONTO SUN 04 VANCOUVER RISE FC

VANCOUVER RISE SUN 25 CALGARY FC

HALIFAX TIDES SAT 17 ROSES

TORONTO MON 26 HALIFAX TIDES

TORONTO SUN 18 CALGARY FC

OCT

NOV

NSL PLAYOFFS

SEMI-FINAL A	LEG 1	SAT OCT 31
SEMI-FINAL B	LEG 1	SUN NOV 1
SEMI-FINAL A	LEG 2	SAT NOV 7
SEMI-FINAL B	LEG 2	SUN NOV 8

2026 NSL FINAL

SAT NOV 14

NORTHERN SUPER LEAGUE

DATES SECURED.

KICKOFF TIMES LOADING...

SUBSCRIBE TO OUR NEWSLETTER TO STAY AHEAD OF THE GAME.

NORTHERN SUPER LEAGUE