



MONTRÉAL ROSES

INTERNSHIP – Physiotherapy / Sport Therapy

Position: Internship – Physiotherapy / Sport Therapy

Location: Montreal, Quebec

Status: Temporary internship, 3–5 days per week

Salary: Unpaid internship

Reports to: Team health professionals

Job Description

We are looking for a motivated intern with a passion for physiotherapy, sport therapy and high-performance soccer to join our multidisciplinary team working with the Montréal Roses.

This unpaid internship offers a unique opportunity to gain hands-on experience in a high-level sport environment while developing knowledge in injury prevention, rehabilitation, on-field care and athlete performance support.

The intern will work under the supervision of the team's health professionals and take part in the daily activities of the medical department.

Responsibilities

- Assist the medical team during training sessions and matches.
- Help prepare treatments and therapeutic equipment.
- Assist with the setup and storage of medical and rehabilitation equipment.
- Observe and support physiotherapy and sport therapy interventions.
- Contribute to implementing injury-prevention programs and corrective exercises.
- Take part in post-training and post-match recovery activities.
- Perform athlete taping as needed and under supervision when required.
- Ensure the maintenance and inventory of medical supplies.
- Support the team in collecting and organizing certain athlete-monitoring data.
- Uphold standards of confidentiality, professionalism and safety at all times.

Required Skills

- Be a student in physiotherapy or sport therapy.
- Have completed training in sport taping and be able to perform various types of functional and preventive taping.
- Demonstrate a strong interest in high-level sport and soccer.
- Possess excellent communication and teamwork skills.



- Show professionalism, autonomy and strong organizational skills.
- Be able to work in a dynamic and demanding environment.
- Be available on weekdays from 8 a.m. to 2 p.m. for training sessions.

Assets

- Hold a valid First Responder certification.
- Previous experience with sports teams.
- Experience providing medical coverage at sporting events.
- Knowledge of musculoskeletal rehabilitation principles.
- Experience with sport recovery and injury-prevention strategies.
- Experience working with high-level athletes.

What This Internship Offers

- Hours of hands-on experience in a professional soccer environment.
- Mentorship from experienced physiotherapy professionals.
- Exposure to the realities of professional sport and multidisciplinary injury management.
- The development of clinical, organizational and interpersonal skills.
- The opportunity to build a professional network in the high-performance sport community.

Type of Internship

Unpaid observation and clinical-assistance internship allowing the accumulation of hands-on experience hours with a professional soccer team.

To apply, please submit your application to **info@rosesmtl.ca**.