



## **MONTRÉAL ROSES**

### **INTERNSHIP – Communications**

**Position:** Internship – Communications

**Reports to:** Director, Communications

**Location:** Laval, Quebec

**Status:** Temporary, full-time

**Salary:** Unpaid internship

**Conditions:** Part of an educational program (College or University)

#### **Summary:**

Be part of a movement redefining women's sport. The Montréal Roses are more than just a soccer team: we're a passionate community that embodies creativity, inclusion, and excellence. By completing your internship with the Roses, you'll help share our story and engage our supporters at the heart of our journey.

#### **Responsibilities (including, but not limited to):**

##### **First Team:**

- Ensure smooth operations in the press box on match days
- Assist in producing pre-match notes and post-match recaps in French and English
- Contribute to organizing press scrums and interviews
- Help manage media accreditation distribution
- Oversee the general email inbox (info@rosesmtl.ca)
- Contribute to content production (profiles, press releases, social media)
- Translate and adapt press materials

##### **Reserve Team:**

- Provide coverage of the reserve team (live content, recaps, social media)
- Contribute to content creation to showcase the reserve team
- Conduct media monitoring and compile media mentions

#### **Qualifications:**

- Must complete the internship as part of an academic program and be eligible for academic credit
- Must be bilingual (French and English)
- Passionate about sports culture, particularly soccer

**Required skills:**

- Currently studying in communications, journalism, public relations, or a related field
- Excellent writing skills in French and English
- Ability to work in a dynamic environment
- Comfort with social media platforms
- Strong organizational skills
- Availability to work evenings and weekends (matches)

**Availability:**

- Must be available for the entire duration of the internship. Evening and weekend work will be required during the season.

**Our Values:**

- **Encourage courage:** Be a bold voice that inspires
- **Excel with integrity:** Prioritize authenticity in everything you create
- **Champion diversity:** Build bridges and break down barriers
- **Celebrate community:** Highlight our supports and our inclusive commitment

**Why intern with the Roses?**

- Participate in the launch of a reserve team in its inaugural season
- Work in an inclusive environment that values creativity
- Develop concrete skills in sports communications
- Be part of a movement that inspires and brings people together

**To apply:**

Send your resume and cover letter to **info@rosesmtl.ca**. Be sure to indicate "Application – Internship – Communications" in the email subject line.

**The Montréal Roses are much more than a team. It's a movement.**